

## **DARREN ALDRED**

### **OBJECTIVE**

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To obtain the position of Rehabilitation Support Worker at Wright Rehab which will offer a variety of challenges and responsibilities where my abilities and skills can be fully utilized.

### **SUMMARY OF QUALIFICATIONS**

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- Experience working in residential housing with autistic adults / children
- Experience working with adults / children in crisis
- Experience working in child and adolescent psychiatric unit
- Excellent personal motivation with a proven ability to build and work collaboratively in a strong team concept environment, and independently
- Excellent ability to analyze situations accurately and effectively
- Demonstrated personal organization and time management skills
- Understanding of relevant legislation and government policies

### **PROFESSIONAL EXPERIENCE**

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#### Teamwork / Leadership Skills:

- Supervised clients living in group home
- Supervised adolescents with various elementary school subjects
- Coached young boys the fundamentals of hockey
- Provided opportunity for adults/adolescents to work closely with each other to overcome obstacles
- Worked closely with nurses and psychiatrist

#### Communication Skills:

- Assessed intake of adolescents with mental disabilities, ADHD, ADD and various learning disabilities
- Addressed children(s) concerns with respective guardian
- Plan, develop and implement adult / child focused activities and programs
- Participate in program planning and evaluation
- Provided emotional support and information on effective parenting

#### Organizational Skills:

- Maintained clinical recording in accordance to policy and procedure



- Proficient with Microsoft Office
- Ability to deal effectively with conflict and crisis
- Solid written, verbal communication and computer skills
- Possesses strong understanding and commitment to community

## EDUCATION

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<b>Child and Youth Worker Diploma</b> Georgian College: Graduated with honors (Dean's List)	<b>2006 – 2009</b>
<b>O.S.S.D Innisdale Secondary School</b>	<b>1990 – 1995</b>

## CERTIFICATES

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- Non Violent Crisis Intervention
- C.P.R. & First Aid
- Medication Dispensing including Insulin trained

## PROFESSIONAL AFFILIATION

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- Ontario Association of Child and Youth Counselors

## WORK HISTORY

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<b>Rehabilitation Support Worker</b> Wright Rehab	<b>Present</b>
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Provide consistent support to individuals living with ABI to progress toward their rehabilitation goals. Effectively work with a multi disciplinary team to implement strategies to promote independence and skill development in management of daily activities in the home and community. Encourage client coping mechanisms to manage issues of pain, fatigue and frustration. Develop professional session notes to record progress and identify challenges for team review.

<b>Support Worker</b> Simcoe Community Services	<b>2011 – Present</b>
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<b>Support Worker</b> Community Living: South Simcoe	<b>2010 – 2012</b>
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wrightrehab.ca

<b>Child and Youth Counselor (Co-op)</b> South Lake Regional	<b>2009</b>
<b>Educational Assistant (Co-op)</b> Terry Fox Elementary School	<b>2009</b>
<b>Support Staff (Co-op)</b> Blooming Acres	<b>2008</b>
<b>Laborer/ Backhoe Operator</b> Starcrest Homes	<b>2005 – 2005</b>
<b>Order Desk Clerk</b> Mr. Janitorial Supplies	<b>2004 – 2005</b>
<b>Driveway Sealer</b> Aldred Bros.	<b>1994 – 2004</b>
<b>Cook/ Manager</b> Ollie's Fish and Chips	<b>1992 – 2000</b>

## **VOLUNTEER EXPERIENCE**

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<b>Fundraiser</b> Bell Walk for Kids	<b>2004 – 2009</b>
<b>Fundraiser</b> Wheel Chair Relay	<b>2007</b>
<b>Animal Care Worker</b> Furry Friends Animal Shelter	<b>1996 – 2006</b>
<b>Fundraiser</b> Big Brothers and Sisters	<b>1995 – 1998</b>
<b>Coach</b> Barrie Minor Bantam AA Hockey	<b>1995</b>